

TRANSFER GUIDE AND PLANNING WORKSHEET

Colorado Community Colleges Colorado State University-Pueblo Bachelor of Science Degree – Exercise Science, Health Promotion, and Recreation (Health Promotion/Wellness Emphasis)

This planning worksheet represents a guide for community college students transferring to Colorado State University-Pueblo and majoring in Exercise Science, Health Promotion, and Recreation (Health Promotion/Wellness Emphasis). This transfer guide can be used in two ways:

- If the student completes an Associate of Arts degree or an Associate of Science degree at a Colorado community/junior college, this Transfer Guide identifies the courses a student needs to complete (with a C- or higher) at the community/junior college in order to be able to finish the designated baccalaureate degree in no more than 60 credits beyond the 60 credits required to complete the Associate degree. In this role, the planning worksheet serves as a “60+60” transfer guide. Under Colorado policy, students who complete an Associate of Arts or an Associate of Science degree at a Colorado community/junior college and are admitted to a public 4-year college or university within Colorado are also guaranteed: the full transfer of a minimum of 60 credits toward a baccalaureate degree at a Colorado institution of higher education, completion of the lower-division component of the receiving institution’s core curriculum, and junior standing. If more than 60 college-level credits are taken at the community/junior college, some loss of transfer credit may occur and students may not be able to complete this baccalaureate degree in 120 credits.
- If the student intends to transfer prior to completing an Associate of Arts or an Associate of Science degree, this Transfer Guide should still be used to identify the courses that can most effectively prepare them for efficiently completing the designated major at the institution to which they are transferring. While not completing the required Associate degree eliminates the guarantees described above, all the individual general education courses identified below in Section I are guaranteed to transfer and to count toward fulfilling the receiving institution’s lower division general education requirements.

Community college students seeking to transfer under the CCHE ‘60+60’ guaranteed graduation policies described above must complete all required courses (listed as only option or as required) within the first 60 semester hours at the community college and complete an Associate of Arts or an Associate of Science degree. Completion of an associate degree does not assure admission to any Colorado State University-Pueblo degree program.

For additional information on CCHE transfer policies and GT-Pathways guaranteed transfer of general education credit, visit <http://highered.colorado.gov/Academics/Transfers/>

ASSOCIATE OF ARTS REQUIREMENTS (60 Credits):

Where possible, choose ‘Required’ (Sections I and II) and ‘Best Choice’ (Section III) courses to apply toward associate degree general education and electives course work.

I. Associate of ARTS General Education Courses

Communication (6 credit hours)	Cr-Hrs	Grade

Mathematics (3 credit hours)	Cr-Hrs	Grade
MAT 121	4	

Arts & Humanities , (9 credit hrs) Select three courses, with no more than two courses from any one category.	Cr-Hrs	Grade
Arts and Expression (AH1) –		
Literature and Humanities (AH2) –		
Ways of Thinking (AH3) –		
Foreign Language (AH4) –		

Social and Behavioral Sciences (9 credit hours) Select three courses, at least one of which must be in the history (HI1) category, with no more than 2 courses from any one category.	Cr-Hrs	Grade
History (HI1) –		
Economic or Political Systems (SS1) –		
Geography (SS2) –		
Human Behavior, Culture, or Social Frameworks (SS3) –		

Physical and Life Sciences (7 credit hours) Select two courses, at least one with laboratory (SC1)	Cr-Hrs	Grade
BIO 201	4	
BIO 202	4	

Speech (3 credit hours) Select COM 115 or COM 125. Speech is a CCCS graduation requirement, not part of GT-Pathways.	Cr-Hrs	Grade
COM 115 (recommended) or COM 125	3	

Total General Education:	39 Cr-Hrs
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II. Required Courses for Colorado State University-Pueblo Exercise Science, Health Promotion, and Recreation (Health Promotion/Wellness Emphasis) Major

To be eligible for the CCHE '60+60' guaranteed transfer program, all required courses below must be satisfactorily completed as part of the AA degree within the 60 semester hour maximum.

Required Courses	Cr Hrs	Grade
BIO 111 (Prerequisite for BIO 201)	5	
CIS 118 or CSC 105	3	
MAR 216 (Acceptable for EXHP Major, but not for any Business Major or Minor)	3	
HWE 100	3	
PER 113	2	

III. Elective 'Best Choice' Courses for Transfer to Colorado State University-Pueblo Exercise Science, Health Promotion, and Recreation (Health Promotion/Wellness Emphasis) Major

After completing all required courses in Sections I and II, select 'Best Choice' courses below to complete the 60 credit hour **AA** degree. These 'Best Choices' courses facilitate graduating from Colorado State University-Pueblo with a major in Exercise Science, Health Promotion, and Recreation (Health Promotion/Wellness Emphasis) in the same time frame as a native Colorado State University-Pueblo student. 'Best Choice' courses are listed in priority order. Complete sequence courses before transferring to Colorado State University-Pueblo.

Best Choices	Cr Hrs	Grade
Electives chosen from A.A. approved list	5	

For additional information about Colorado State University-Pueblo admission criteria, academic programs, and graduation requirements, visit www.colostate-pueblo.edu, or call the Visitor/Transfer Center at: 719-549-2418 to speak to an admissions counselor.